



ATHLETICS FEDERATION OF INDIA

A-90, Phase I, Naraina Industrial Area, New Delhi - 110028
E: afi@indianathletics.in, indianathletics@gmail.com W : www.indianathletics.in

01 February 2020

AFI ULTRA RUNNING SELECTION POLICY **WORLD / CONTINENTAL AREA CHAMPIONSHIPS 2020**

1. **Introduction.** The Athletics Federation of India has been involved in the sport of Ultra and Trail Running since 2017, with the first Indian trail running team being sent for the Trail World Championships. Since then, Indian athletes are taking the sport of ultra and trail running forward on the global platform. The International Association of Ultrarunners (IAU) operates under the patronage of 'World Athletics' [formerly known as 'International Association of Athletics Federation' (IAAF)], and holds major competitions at the World and Continental level. The AFI in its endeavor to promote the sport of ultra and trail running, continues to send teams for ultra and trail running championships. It is the objective of the AFI to enhance competitiveness in the sport, and send a 'strong team' to represent the country. The Selection Policy and Race Specific Benchmark as decided by AFI for the year 2020 is given herein.

2. **IAU Championships.**

- (a) Trail World Championships - (Annexure-A)
- (b) 2020 IAU 24 Hour Asia & Oceania Championship – 18th & 19th July 2020 – Bengaluru, India (Annexure-B).
- (c) 2020 IAU 100 Km World Championships – 12th September 2020, Winschoten, The Netherlands (Annexure C)

3. **Invitation of Applications.** The AFI Ultra Running Committee will announce the invitation of applications at the earliest. The application process will open at least three months before the date of the Championships, for minimum period of three weeks for athletes to fill in and submit the same. The online application link will be posted on <https://indianathletics.in>

4. **Selection Process and Expenditure for Participation.** Refer annexure D & E.

5. **Selection Committee.** The members of the selection committee are: Gp Capt P D'Souza, Mr Sunil Chainani, Mr Ashok Azhagarasan and Mr. Divesh Bhal (AFI Rep). Mr. Adille J Sumariwalla, President AFI is the Appellate Authority.

6. **For additional information and queries:** ultramarathon@indianathletics.in

(CK Valson)
Secretary



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Annexure 'A'

TRAIL WORLD CHAMPIONSHIPS

The Trail World Championships will not be held in 2020. The next Trail World Championships is likely to be held in 2021 under the Aegis of 'World Athletics'. Details will be announced later.



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Annexure 'B'

2020 IAU 24 HOUR ASIA & OCEANIA CHAMPIONSHIPS

18th and 19th July 2020, Bengaluru, India

1. The 2020 IAU 24 Hour Asia & Oceania Championships is to be held on 18th and 19th July 2020 at Bengaluru, India.

2. Online applications will open at least three months before the date of Championships.

3. **Race Specific Benchmark.** Athletes should have achieved the following standards **in a 24 Hour Race** within the qualifying period.

Men : 205 Km

Women : 165 Km

Note 1: In case of a tie between the applicants meeting the set criteria, the selection of the athletes would be solely at the discretion of the selection committee.

4. **Qualifying Period.** The qualifying period is from **01 January 2019 till the last date of submission of online application**, which will be announced later.

5. A maximum of 06 men and 06 women meeting the set criteria would be considered.



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Annexure 'C'

2020 IAU 100 Km WORLD CHAMPIONSHIPS

12th September 2020, Winschoten, the Netherlands

1. The 2020 IAU 100 Km World Championships is to be held on 12th September 2020 at Winschoten, The Netherlands.

2. Online applications will open at least three months before the date of Championships.

3. **Race Specific Benchmark.** Athletes should have achieved the following standards in a **100 Km Race** within the qualifying period.

Men : 8:30 h

Women : 9:30 h

Note 1: In case of a tie between the applicants meeting the set criteria, the selection of the athletes would be solely at the discretion of the selection committee.

4. **Qualifying Period.** The qualifying period is from **01 September 2019 till the last date of submission of online application**, which will be announced later.

5. A maximum of 06 men and 06 women meeting the set criteria would be considered.



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Annexure 'D'

SELECTION PROCESS

1. Only Indian Citizens will be considered.
2. **Qualifying period.** The athlete should have achieved the Race Specific Benchmark within the following period:
 - (a) **2020 IAU 24 Hour Asia & Oceania Championships.** The qualifying period is from **01 January 2019 till the last date of submission of online application**, which will be announced later.
 - (b) **2020 IAU 100 Km World Championships.** The qualifying period is from **01 September 2019 till the last date of submission of online application**, which will be announced later.
3. **Race Results.** The results of the races run by the athlete must be available on the website of the organizer as on the date of submission of the application. Results, which are made available after the last date for submission of the application, will not be considered. Results of Races, **which have a minimum of 05 participants** in the applicable race category, would be considered.
4. **Proof of Fitness.** In addition to meeting the Race Specific Benchmark and Qualifying period, athletes will also have to provide details of a race during a period up to **nine months from the date of Championships** as a proof of fitness. If not available, the athlete may not be considered for the selection process solely on the basis of having met the Race Specific Benchmarks and Qualifying Period. Races and timings / distances which will be considered as proof of fitness are as under:
 - (a) **For 24 Hour Asia and Oceania Championships.**
 - (i) 100 Km Race : Men 12 h; Women 13 h
 - (ii) 24 Hour Race : Men 155 Km ; Women 140 Km
 - (iii) 12 Hour Race : Men 100 Km; Women 92 Km
 - (iv) Any trail or road race of 50 K+ with minimum 1000 m elevation gain to be finished within race cutoff times.
 - (b) **100 Km World Championships.**
 - (i) 100 Km Race : Men 12 h; Women 13 h
 - (ii) 12 Hour Race : Men 100 Km; Women 92 Km
 - (iii) Marathon (42 K): Men 3:15 h; Women 3:45 h
 - (iv) 50 Km Race : Men 4:00 h; Women 5:00 h

5. **Team Composition.** Up to 06 Men and 06 Women, meeting the standards set by AFI could be selected to represent India.

6. **Selection Trails.** No selection trials are envisaged for the Championships to be held in 2020. However, if there is a tie between athletes meeting the criteria, the selection of the athlete would be solely at the discretion of the selection committee.

7. **Participation in races after selection.** Once selected for the races mentioned in this document, the restrictions given below will be applicable. Athletes are not permitted to participate in races/ sporting tournaments without explicit permission of the selection committee.

- (a) less than 02 months from the date of Championships races longer than 12 hours /100 km are not permitted.
- (b) less than 01 month from date of Championships, races longer than 21 k is not permitted.
- (c) less than 15 days from date of Championships, racing / participation in any sporting event is not permitted.



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Annexure 'E'

EXPENDITURE FOR PARTICIPATION

All the mentioned Championships are athlete funded events. All expenditure towards the participation is to be borne by individual athletes. Details are as given:-

- (a) Athletics Federation of India will facilitate the participation of athletes who meet the selection criteria laid down in this document.
- (b) The selected athletes will have to bear cost of training, nutrition supplements, travel, visa, accommodation, and any other expenses related to these events. Athletes will be responsible for booking their flight tickets and processing their visa applications in time. AFI and the Local Organizing Committee of the event will provide documents required for processing the visa.
- (c) Basic kitting requirements will be met by AFI. Any specific gear required for the race would need to be procured by the athletes.
- (d) Although the IAU / LOC provides free boarding and lodging for up to 02 Men and 02 Women athletes (or as decided by IAU), the cost for accommodation will be shared among all athletes (men and women) selected and all athletes will be required to pay for accommodation equally. Accommodation payments will be done through AFI.
- (e) Selected athletes will be required to make a deposit in INR with the AFI towards accommodation. This amount will be decided on the basis of accommodation costs as specified by the LOC. The amount will be specified for each event separately. Athletes will be required to give their willingness to fund their participation in the event at the time of submission of the application form and make the necessary deposit on time. Failure to make the accommodation deposit on time will result in withdrawal of the athlete's entry.
- (f) If an athlete withdraws his / her name and is unable to proceed for the event once the final payments have been done by the AFI, the refund of payment made on account of accommodation will be subject to the same being refunded by the LOC and other expenditure incurred in the process.
- (g) If the Championship attracts a sponsor, in which the travel and accommodation is either fully or largely paid by the sponsor, then the athlete would be required to abide by certain conditions laid down by the AFI to meet the requirements of the sponsor. Details would be intimated at the appropriate stage.